



# NSCB Fact Sheet



NATIONAL STATISTICAL COORDINATION BOARD  
Cordillera Administrative Region

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## Did you know that...

### 1 out of 5 schoolchildren in CAR is underweight?

The 2003 National Nutrition and Health Survey (NNHes) conducted by the Food and Nutrition Research Institute of the Department of Science and Technology (FNRI-DOST) revealed that in the Cordillera Administrative Region (CAR), 21.7 percent of schoolchildren (6-10 years old) were underweight.

This means that 1 out of 5 schoolchildren weighed less than normal children of the same age. Prevalence of underweight among pre-school children (0-5 years old) was lower at 16.3 percent. Prevalence rates in CAR across both age groups were lower than the national.

#### PROPORTION OF UNDERWEIGHT AND UNDERHEIGHT CHILDREN: CAR, 2003

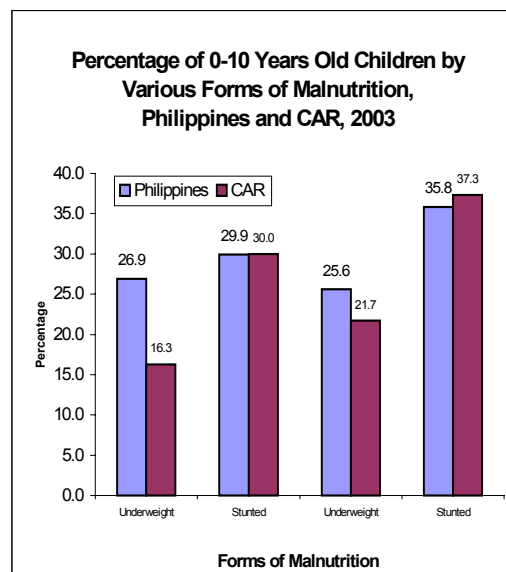
Area	Preschoolers				Schoolchildren			
	Under Weight	% CV	Stunted	% CV	Under Weight	% CV	Stunted	% CV
PHILIPPINES	26.9	3.1	29.9	3.0	25.6	3.5	35.8	2.9
NCR	17.8	14.0	22.0	12.6	15.7	15.4	25.5	11.8
<b>CAR</b>	<b>16.3</b>	<b>16.3</b>	<b>30.0</b>	<b>13.4</b>	<b>21.7</b>	<b>20.2</b>	<b>37.3</b>	<b>14.9</b>
Ilocos	28.9	28.9	28.6	10.0	28.8	12.0	26.9	11.2
Cagayan Valley	34.1	34.1	35.4	12.5	19.5	19.7	30.0	13.7
Central Luzon	21.7	21.7	18.3	14.4	17.7	15.6	23.4	11.9
CALABARZON	22.4	22.4	22.7	12.3	22.5	11.3	26.3	10.2
MIMAROPA	34.2	34.2	32.5	15.3	32.2	15.2	41.9	13.1
Bicol	32.8	32.8	29.8	9.8	36.1	10.3	41.4	11.5
Western Visayas	32.6	32.6	35.8	9.6	30.8	11.0	43.1	9.2
Central Visayas	29.4	29.4	36.6	9.3	25.0	14.5	39.4	11.1
Eastern Visayas	29.9	29.9	37.8	10.2	35.0	12.3	50.4	9.7
Zamboanga Peninsula	31.5	31.5	42.8	7.9	29.9	14.4	54.6	8.4
Northern Mindanao	24.3	24.3	29.3	16.1	26.7	16.3	40.7	11.2
Davao Region	22.6	22.6	31.4	15.7	22.3	15.1	39.2	14.3
SOCOSKSARGEN	30.3	30.3	41.2	12.3	29.7	9.0	42.4	11.4
CARAGA	30.2	30.2	32.2	11.1	31.7	12.2	46.3	8.7
ARMM	34.0	34.0	35.9	7.5	23.7	17.5	37.7	11.2

Notes: Pre-schoolers are children 5 years old and below.

Schoolchildren are from ages 6-10 years old

Source: FNRI, DOST

updating is done in between survey periods through the survey, *Updating of Nutritional Status of Filipino Children*. The reference period of the NNHes is June-September.



Results of the survey also showed that the proportion of stunted or underheight pre-school and schoolchildren was higher than the national average at 30.0 and 37.7 percent, respectively. This means that about 3 out of 10 preschoolers and nearly 4 out of 10 schoolchildren in CAR had height less than normal children of the same age. Stunting indicates that a child is either malnourished in the past or suffering from lingering or chronic malnutrition.

The NNHes aims to re-assess the nutritional status of the population for appropriate formulation and modification of nutrition policies and interventions and related development programs. The survey is conducted every five years although

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