



# NSCB Fact Sheet



NATIONAL STATISTICAL COORDINATION BOARD  
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## Did you know that...

... 3 out of every 10 Cordilleran women use modern family planning methods?

The 2003 National Demographic and Health Survey (NDHS) of the National Statistics Office (NSO) reveals that there is a steady increase in the percentage of married women age 15-49 years who use modern contraceptive methods in the Cordillera Administrative Region (CAR). From 1993 to 1998, the use of modern family planning methods increased substantially by 7.5 percentage points or from 23.1 to 30.6 percent. From 1998 to 2003, the use of modern methods in CAR increased slightly by 1.2 percentage points to reach 31.8 percent. Despite the increase reported in the past decade, CAR still falls behind the national average use of 33.4 percent in 2003.

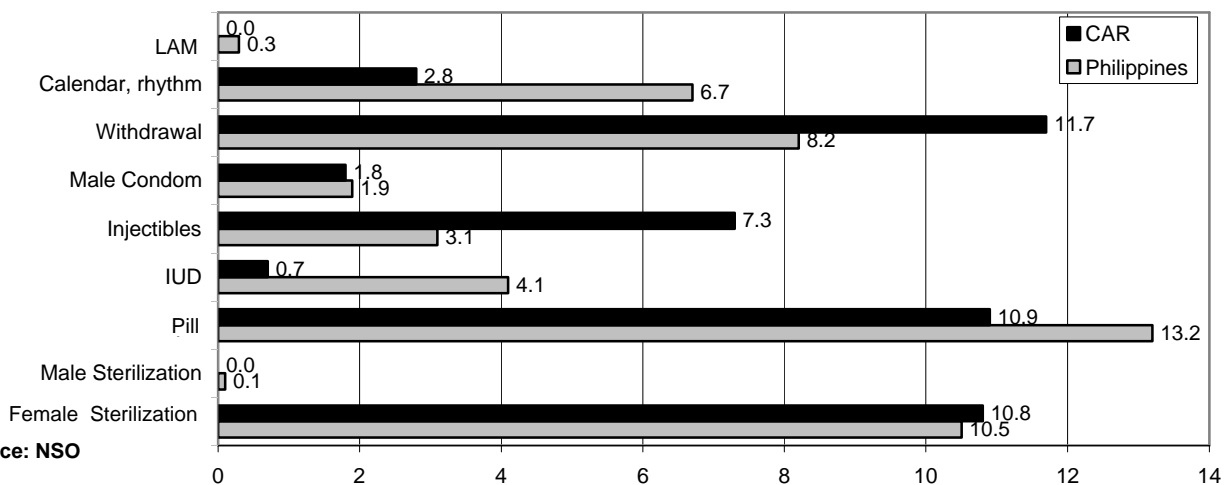


The overall contraceptive prevalence rate in CAR is 46.3 percent; 31.8 percent are using modern methods and 14.5 percent traditional methods. Withdrawal is the leading family planning method of choice of married women (11.7 percent). The use of the pill ranks second (10.9 percent) while female sterilization ranks third (10.8 percent). Other preferred methods include injectibles (7.3 percent) and the calendar/rhythm method (2.8 percent). Other methods such as the lactational amenorrhea method (LAM) had fewer users, each being used by less than one percent of married women. During the same period, the ranking of the most preferred means of birth spacing at the national level were the following: use of the pill (13.2 percent), female sterilization (10.5 percent), withdrawal (8.2 percent), and calendar/rhythm (6.7 percent).

Percent Distribution of Currently Married Women by Type of Family Planning Method Used Philippines, CAR

Year/Location	Family Planning Method		
	Traditional	Modern	Any
1993 Philippines	15.1	24.9	40.0
CAR	15.5	23.1	38.6
1998 Philippines	18.3	28.2	46.5
CAR	11.4	30.6	42.0
2003 Philippines	15.5	33.4	48.9
CAR	14.5	31.8	46.3

PERCENT OF MARRIED WOMEN AGE 15-49 USING FAMILY PLANNING BY METHOD USED: PHILIPPINES AND CAR, 2003



Source: NSO